THURSDAY 23rd JUNE

| CHAMPIONSHIP EVENTS Boys and Girls | | | | | | | | | | |
|-------------------------------------|-------------|-------------|--------|--------|-----------|-------------|--|--|--|--|
| Times | 2004 | 2003 | 2002 | 2001 | 2000 | 1999 & 1998 | | | | |
| 12pm – 1pm | 200m | 200m | 200m | 200m | HIGH JUMP | SHOT PUT | | | | |
| 1pm – 2pm | TRIPLE JUMP | SHOT PUT | DISCUS | | 200m | 200m | | | | |
| 2pm – 2:50pm | HIGH JUMP | TRIPLE JUMP | | DISCUS | | | | | | |

FRIDAY 24th JUNE

| CHAMPIONSHIP EVENTS Boys and Girls | | | | | | | | | | |
|-------------------------------------|----------------|----------------|----------------|----------------|----------------|----------------|--|--|--|--|
| Times | 2004 | 2003 | 2002 | 2001 | 2000 | 1999 & 1998 | | | | |
| 9am – 10am | 400m | 400m | 400m | HIGH JUMP | 400m | TRIPLE JUMP | | | | |
| 10am – 11am | DISCUS | HIGH JUMP | SHOT PUT | 400m | | 400m | | | | |
| 11am – 11.40am | 100m Finals | 100m Finals | 100m Finals | | DISCUS | HIGH JUMP | | | | |
| 11.40am – 12:10pm | LUNCH | LUNCH | LUNCH | 100m Finals | 100m Finals | 100m Finals | | | | |
| 12:10pm – 12:50pm | SHOT PUT | | TRIPLE JUMP | LUNCH | LUNCH | LUNCH | | | | |
| 12.50pm – 1.30pm | | DISCUS | HIGH JUMP | SHOT PUT | TRIPLE JUMP | | | | | |
| 1.30pm – 2:10pm | | | | TRIPLE JUMP | SHOT PUT | DISCUS | | | | |
| 2:10pm – 2.35pm | RELAYS | RELAYS | RELAYS | | | | | | | |
| 2:35pm – 2:50pm | | | | RELAYS | RELAYS | RELAYS | | | | |