

Shalom will be entering a team in the 8th annual Friendlies Cane2Coral (FC2C) Fun Run/Walk on Sunday 6th August. You don't have to be super-fit to participate, just able to run, walk or wheelchair 4km or 10km and be keen to participate in this great community event which raises funds for charity. If you are 16 years or over, there is also a 21.1km half-marathon. For every team with 10 or more entrants, FC2C will donate 10% of our team's registration fees to your nominated charity or not-for-profit sports club. There are also cash prizes for the Largest Team – Secondary School (on a pro rata basis) of \$300 for first, \$200 for second and \$100 for third. We won this award last year and received \$613 for our nominated charity, the McGrath Foundation. Once our team is formed, we will choose our charity for this year, and start a training program with Mr Crowley.

In the 21.1km Half Marathon and 10km will start at the Port Marina at 6.20am and 8.45am respectively, both finishing at Nielson Park, Bargara, with the 4km event starting at 9.30am and finishing, both at Nielson Park. We will not be running/walking as a team, simply registering as a team and turning up at the starting point for the distance of your choice in your Shalom sports uniform and checking in with one of our team coordinators, then getting together with our whole team at the Shalom tent after the event for a refreshing drink and a snack. Other food and drinks will be able to be purchased from food vendors in the race precinct. There will be water stations and medical assistance available if needed, both located at regular intervals throughout the courses. Registration fees are as follows:

21.1km - Adults (16 years & over) \$60

10km - Adults (16 years & over) \$35; Child (under 15) \$20

4km - Adults (15 years & over) \$30; Child (under 15) \$15

Cane2Coral shirts are also available for purchase when registering

Students, staff, parents and supporters are welcome to join our team. Online registration is available and encouraged for all participants. Entrant information is required for the timing process and so all details required must be entered.

To register go to cane2coral.com.au

Then Entry tab, Teams, Register now (on left side of screen), Click Here to Register, Choose Adult (16 years & over) or Child (15 & under), Choose your event: 4km, 10km, 21.1km

On last item in Personal Data, choose a team: "Shalom College", Password is Chaverim

You will have the option of Pay Now or Pay Later and you can register and either pay on-line or pay your registration fee to the Shalom Finance Office.

FOR MORE INFORMATION, contact Vince Habermann in Student Services or email Vincent Habermann@shalomcollege.com or phone 0407 606266, or Mr Gills in Sports Office GillsS@shalomcollege.com