



# Year 8 Outdoor Education Activity 2022 Program

## Day 1

Arrive 'Chaverim' - 9.00 am  
Welcome and housekeeping  
Icebreakers, Games and Group Development Activities  
Lunch  
Raft Building  
Showers / Clean Up  
Depart Chaverim - 2.30 pm

## Day 2

Arrive 'Chaverim' - 9.00 am  
Lilly Pads High Challenge  
Dangle Trio High Challenge  
Lunch  
Archery  
Indoor Rock Climbing  
Depart Chaverim - 2.30 pm

## Day 3

Arrive 'Chaverim' - 9.00 am  
Mid Ropes Course  
Lunch (Later)  
Camp Wrap Up  
Depart Chaverim - 2.30 pm

# Activity Precis

Chaverim has an Archery range where students can learn some basic archery skills. Archery is not as easy as it seems, so students are challenged to quickly learn new skills and to refine those they require to develop accuracy. Targets can be easily moved so as participants gain confidence and skills they can be challenged over longer target distances.

**Big Reggie** is a group tree climb activity that requires full group participation and cooperation to get as far up and down the tree as the group decides. It needs good communication, planning, problem solving, and peer support to achieve the goals set.

**The Centipede** is a series of vertically suspended posts with a number of foot and hand holds to assist climbing.

**Climbing Wall** Indoor climbing activities and equipment have been developed from training practises of enthusiast rock climbers. Over many years indoor climbing has become a popular sport and recreational activity. *Chaverim* has a large climbing wall inside the covered area with the basketball court. Climbs range in height, difficulty and belay techniques. The climbing walls are primarily designed to be a wet weather program alternative but could be used as a programmed activity. Indoor climbing can be personally challenging and meets program goals relating to personal growth as well as small team responsibilities.

**The High Ropes Course** is a continuous series of 6 wire rope elements suspended 5 to 10 metres amongst the treetops. Participation can last up to 40 minutes to complete the course and departure off the course is via the flying fox. Individual commitment and peer support are strong components for involvement.

**Icebreakers, Games & Group Development Activities** form an important beginning to any program. They are the energizers and group formation activities that will set the tone for the rest of involvement in our programs. We have a wide range of activities that can be modified to meet the abilities and ages of many groups.

At Chaverim **Rafting** may take either of two forms. Rafts can be constructed on a base of barrels and poles or on tyre tubes. The decision as to the type of construction is based on the age of the participants and time of year of the program. As an activity rafting offers the potential to meet group cooperation, decision-making and planning objectives.

The **High all-aboard** is a group challenge ropes activity to get four climbers to stand together on a very small platform on top of a 5 metre high pole. A belay team for each climber maintains safety as they ascend and stand ready to support the next climber onto the platform.

The **Lily-pads** is a high challenge ropes course crossing type activity. One participant is harnessed and belayed to climb a pole and then cross three small swinging footpads that are suspended from a higher cable. Group cooperation from other participants assists to support the foot pads to make the crossing easier.