

## Year 7 Camp 2022 Student Equipment List

Please note that the following list contains items necessary for a successful and <u>safe</u> camp.

Please ensure your son or daughter brings the following:

OUTDOOR GEAR Raincoat - important

Hat, Broad Brimmed Hat (for sun protection) and a spare hat is a good option. (beanies and peak caps are <u>not</u> suitable for outdoor, daytime wear) <u>2 LITRE</u> water bottle (or equivalent, Preferably not frozen prior to camp)

Sunscreen and insect repellent (non-aerosol)

A small daypack

**PERSONAL GEAR** Personal medications (to be handed to the teacher taking the camp)

2 pairs of sturdy and comfortable sandshoes (one pair for water activities)

1 pair thongs or sandals

Warm clothes for night activities

Sufficient T-shirts (preferably with collar and sleeves to protect the shoulders

and neck from Sunburn, and long enough to fully cover the midriff)

Sufficient legwear (Short or tight 'leggings' to preferably be covered with something longer and more sturdy, particularly while wearing a harness)

Sufficient socks and underwear

Swimming togs and wet clothes (shirt & shorts) for swimming and canoeing

1 warm top or jumper

Large Plastic garbage bags (for wet clothes and shoes)

**SLEEPING GEAR** Single bed size fitted sheet

Pillow and pillow case

**Pyjamas** 

A warm sleeping bag

Small torch with spare batteries and bulb

**ACCESSORIES** Personal toiletries

2 Towels

Remember to have all items clearly named so anything left behind can be returned!

Do not bring aerosol cans for such things as deodorants etc.

## NO PHONES ARE ALLOWED ON THESE OUTDOOR EDUCATION CAMPS AT CHAVERIM.

The staff in charge will collect phones at the start of camp and return them just before 3.00 pm on day three. Alternatively, keep the phone at home for safe keeping.

I am sure the students will survive without their phones for 3 days and then they can focus on the outdoor education opportunities. If students need to call home for any reason the staff will let them use the phone at the Chaverim office.

Students are involved in outdoor activities for the majority of each day at camp and are therefore exposed to sun, wind, cold or rain. Clothes should be functional and provide adequate protection from the elements. The outdoor education camps are not fashion parades; old clothes are more suitable. **DO NOT BRING**; midriff, halter or string style tops, tops with low or wide necklines, make up, necklaces or jewellery.

Climbing harnesses for high adventure activities will be worn so extremely short legged shorts or very baggy low riding shorts are not suitable. Clothing similar to the College sports uniform is adequate. If you are wearing leggings you <u>must</u> wear shorts over the top.

Bus storage for baggage is limited so please ensure unnecessary items are left at home. Baggage should be kept to a similar size as the college school bag plus pillow, sleeping bag and daypack. Please refrain from using large hard suitcase style baggage.

## DO NOT BRING

iPads, MP3'S, Ipods, Handheld computer games, Food or drink, Lollies or gum, Comics or magazines, Cigarettes, Alcohol, Illicit drugs, Sheath or Pocket Knives.