



# Year 7 Camp 2022 Program

## Day 1

Arrive 'Chaverim' - 9.00 am  
Welcome and housekeeping  
Icebreakers, Games and Group Development Activities  
Settle into cabins  
*Lunch - 12.00 noon*  
Trust Activities  
Low ropes course  
Orienteering  
Showers  
*Dinner - 6.00 pm*  
Climbing wall

## Day 2

*Breakfast - 7.00 am*  
Pack lunches and prepare for all day canoe activity  
Canoeing  
*Lunch - somewhere along the riverbank*  
Continue canoe activity  
Showers  
*Dinner - 6.00 pm*  
Night program coordinated by Shalom College staff

## Day 3

Pack personal gear and clean cabins  
*Breakfast - 7.00 am*  
Centipedes  
Flying Possum  
*Lunch - 1.15 pm*  
Depart 'Chaverim' at 2.15 pm

## Activity Precs

**Canoeing** can be directed to meet a variety of skill levels. There is ready access to the Burnett River on which canoe sessions can be conducted and aimed at pure fun, basic skills or to more advanced skills. There are 16, two-man Canadian canoes available for use.

**Climbing Wall** Indoor climbing activities and equipment have been developed from training practices of enthusiast rock climbers. Over many years indoor climbing has become a popular sport and recreational activity. *Chaverim* has a large climbing wall inside the covered area with the basketball court. Climbs range in height, difficulty and belay techniques. The climbing walls are primarily designed to be a wet weather program alternative but could be used as a programmed activity. Indoor climbing can be personally challenging and meets program goals relating to personal growth as well as small team responsibilities.

The **Flying Fox** is the departure element for the High Ropes Course. However, it is often used as an activity in its own right. For many it provides an adventure through height. It is an activity enjoyed by all ages.

The **Flying Possum** is a group activity that requires high levels of group trust and support. Participants are harnessed and roped through a high point and are hoisted rapidly by the remainder of their group.

**Icebreakers, Games & Group Development Activities** form an important beginning to any program. They are the energizers and group formation activities that will set the tone for the rest of involvement in our programs. We have a wide range of activities that can be modified to meet the abilities and ages of many groups.

The **Low Ropes Course** can be used as either an activity on its own or as an introduction to the High Ropes course. Any ropes course is a series of wire ropes in a variety of configurations between trees. The object is to cross from tree to tree in the best way possible. It is vital participants have strong group support and trust to maintain safety.

**Orienteering** courses can be designed to use any of the property and the neighbouring farms. Participants are instructed in fundamental map and compass use and then apply learned skills on the courses. There are 2 styles of basic level orienteering courses. These have a number of individual courses within them.