



Catholic Education
Diocese of Rockhampton

YOU'RE INVITED TO

A PARENT WEBINAR

This 60-minute session, facilitated by Berry Street, will give you practical strategies you can do at home to help your child manage their stress response.

Find out what is happening in your child's brain when they are dysregulated and ways you can help them to come back into calm.

6th August 2025

7:00-8:00 PM

Join Zoom Meeting.
Meeting ID: 971 5410 8880
Passcode: 667247

Please note that this session will not be recorded