



Year 10 Camp 2023 Program

Day 1

Arrive 'Chaverim' - 9.00 am
Welcome and housekeeping
Group Development and Team Building Activities
Settle into cabins
Lunch - 12.00 noon
Prepare for 'Race Around Chaverim' activities
Set up canoes, review archery, review belay, review compasses, teach abseil
Showers
Dinner - 6.00 pm
Night Rogaine

Day 2

Breakfast - 7.00 am
Pack lunches and prepare for Race Day
'Race Around Chaverim'
Lunch - 12.00
Continue Race Day
Showers
Dinner - 6.00 pm

Day 3

Pack personal gear and clean cabins
Breakfast - 7.00 am
Mohalk Walk
High Ropes Course
Lunch - 1.15 pm
Depart 'Chaverim' at 2.15 pm
Arrive back at Shalom at approx 2.45 pm

Activity Precis

Initially, **Abseiling** was developed as a means for climbers and mountaineers to descend after climbing the peaks and crags of their local region. It has now been adopted as an activity as its own. As part of an Outdoor Education program, it can be used to develop self-confidence in facing fears and anxieties. Many participants view Abseiling as an activity that requires high levels of skill and daring. All Abseiling programs at Chaverim are developed to meet the ability of the participant

Chaverim has a small **Archery** range where students can learn some basic archery skills. Archery is not as easy as it seems, so students are challenged to quickly learn new skills and to refine those they acquire to develop accuracy. Targets can be easily moved so as participants gain confidence and skills they can be challenged over longer target distances.

Canoeing can be directed to meet a variety of skill levels. There is ready access to the Burnett River where canoe sessions can be conducted. Canoeing can be aimed at pure fun, basic skills or to more advanced skills. There are 16, two-man Canadian canoes available for use.

The **Crate Climb** is a problem-solving activity that requires one group member (who is harnessed in appropriate safety equipment) to attempt to climb a tower of milk crates as it is being built with the aid of the rest of the group.

The **High Ropes Course (and Mid-Ropes Course)** is a continuous series of wire rope elements suspended 3 to 12 metres above the ground on poles. Our course has 2 grades – A Mid Ropes section for younger grades, and a much higher section for older grades and adults. Participation can last up to 40 minutes to complete the course. Individual commitment and peer support are strong components for involvement

The **Mohawk Walk** is a team problem solving activity, similar to a low ropes course. The group needs to cross a series of elements with minimal support of the element structure but with maximum support from within the group.

Chaverim has 2 separate **Orienteering** courses. Participants are instructed in fundamental compass use and then apply learned skills on the courses.

The **Pole Jump** is a high adventure activity that challenges participants to take high, perceived risks and to function capably while under stress. There is a platform approximately 12 meters up a tree and the participant, in a safety harness, is asked to leap 3 meters out to strike a ball.

Rogaining is an orienteering type activity that allows for group decision-making and problem-solving skills to work out the best way to collect as many markers as possible. It uses a large portion of the Chaverim property as participants move to collect markers in a set timeframe.