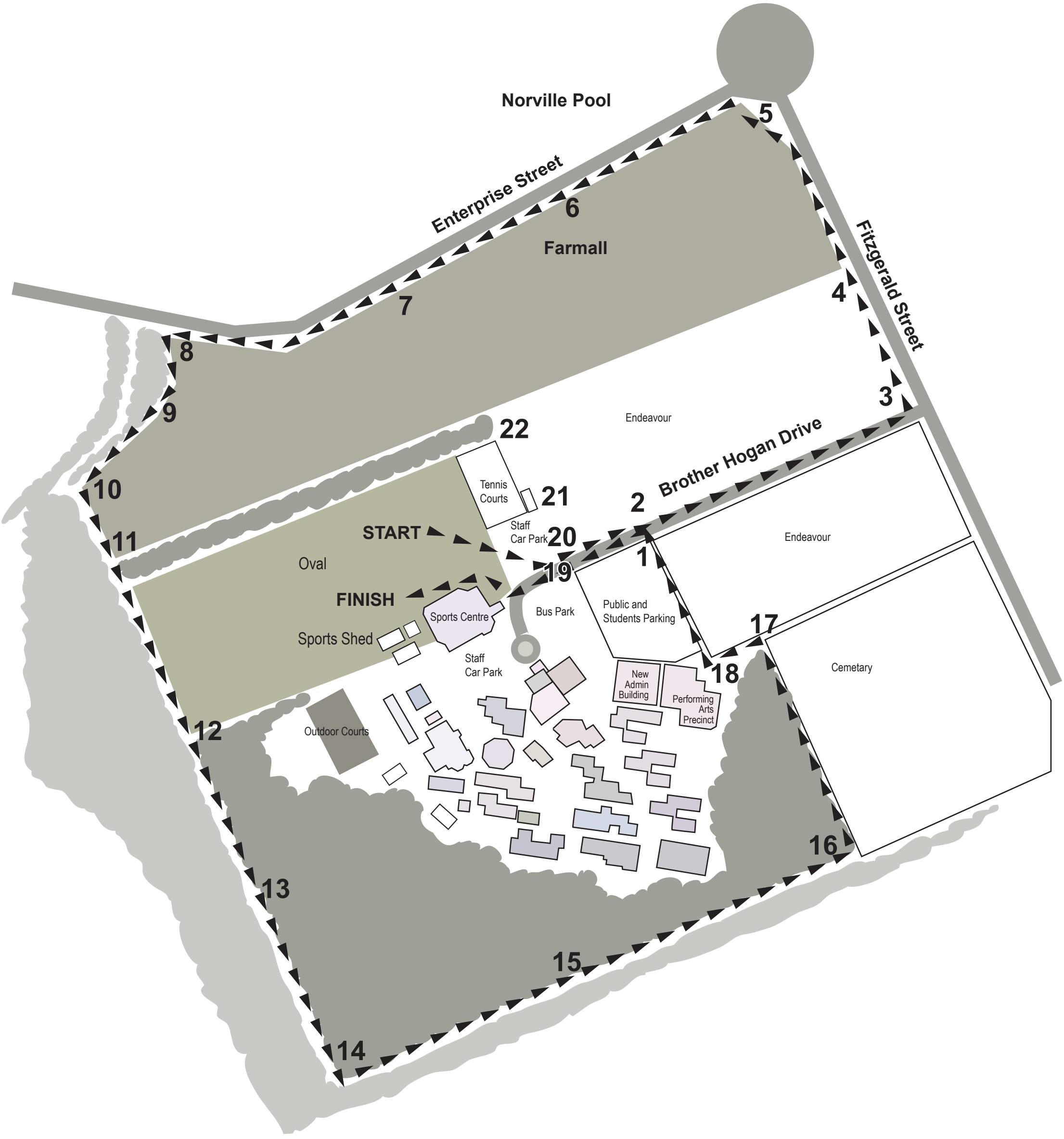SHALOM COLLEGE
3km CROSS COUNTRY COURSE
12 & 13YRS BOYS AND GIRLS