



MOVE IT EXPO – Saturday 4 June, 2016

Come along to Bundaberg Regional Council's **MOVE it Expo**, now in its fourth year, to enjoy a showcase of the region's local sporting clubs, professional fitness trainers, health experts and fresh food producers.

When: Saturday 4 June, 10am – 2pm

Where: St Luke's Anglican School, 4 Mezger Street, Bundaberg

With demonstrations, samples, information and around 55 business and local stallholders, there is something for everyone interested in their better health and wellbeing. For more information:

<http://www.bundaberg.qld.gov.au/residents/sport-rec/programs/healthy>

RING ROAD RUN – Sunday 5 June, 2016

For kids, parents, athletes and amateurs – all are welcome to register for the **Ring Road Run**. Register online – www.ringroadrun.com.au for either:

- 2k Kids Dash (5 -10 years)
- 5k Run or Walk
- 10k Run or Walk
- 10k Sporting Wheelies Race

Challenge yourself wheel, walk or run the Ring Road!

When: Sunday 5 June

Where: Start and finish at St Luke's Anglican School.

Pick up your Ring Road Run goodie bag at the **MOVE it Expo**

Register as a team and receive a 10% Discount on Entry Fees. Register the team online at www.ringroadrun.com.au

Inform us at E: admin@ringroadrun.com.au Or text to 0416 183 165. We will then activate 10% discount on all entry fees.

Click on Charities at www.ringroadrun.com.au to find out how to have your entrance fee refunded.