



Presented by *Wide Bay Hospital and Health Service*

POSITIVE PARENTING PROGRAM 2016

Triple P (Positive Parenting Program) emphasis is on developing positive attitudes, skills and behaviour. The Triple P Program suggests simple routines and small changes that can make a big difference to your family. It helps you understand the way your family works and uses the things you already say, think, feel and do in new ways that:

- Create a stable, supportive and harmonious family.
- Encourage behaviour you like.
- Deal positively, consistently, decisively with problem behaviour, and build positive relationships with your children.
- Plan ahead to avoid or manage potentially difficult situations. Take care of yourself as a parent.

Triple P is Queensland Government initiative and is offered FREE to all Queensland families.

Dates and location/s:

Dates	•9 th May • 16 th May • 23 rd May • 30 th May
Time	9.30am to 11.30am
Where	Child and Family Support Building 14 Hinkler Street Childers
R.S.V.P	4 th May 2016 Childers Neighbourhood Centre 4130 4690 or cnc@bundaberg.qld.gov.au



For more information: 4150 2700

Presenter: Bundaberg Community Family Health



Childers Neighbourhood Centre
69 Churchill Street
CHILDERS QLD 4660

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F 4126 2897 E cnc@bundaberg.qld.gov.au
8.30am–4.00pm Mon to Fri