

## **DATE CLAIMER**

**EARLY LIFE FOUNDATIONS & CATHOLIC EDUCATION - DIOCESE OF ROCKHAMPTON**

## **2016 PARENT EDUCATION PRESENTATIONS**

### **TOPIC**

#### ***Anxiety – Understanding and Strategies to Reduce Anxiety in Children***

This session explores some of the reasons for the increase in the levels of anxiety experienced by children and adults. This session provides practical strategies for parents and teachers on how to reduce anxiety for children.

### **Rockhampton**

**6 June 2016**

Kevin Castles Centre

### **Emerald**

**8 June 2016**

Marist College

#### **Presentations**

**STAFF 3.30 pm – 5.00 pm**

**PARENTS 7.30 pm – 9.00 pm**

*Presentation to be accessed by school communities located outside the designated venues by utilising videoconference facilities.*

### **Mackay**

**7 June 2016**

St Patrick's College

### **Bundaberg**

**9 June 2016**

Loyola Centre—Shalom College

**Presenter: Kathy Walker, OAM**

*Founding Director, Early Life Foundations*

Kathy Walker is one of Australia's leading parenting and education experts, public speakers and authors. In 2012 and 2014 she was nominated for the Australian of the Year award and in 2014 was awarded an Order of Australia (OAM). She is the Founding Director of Early Life Foundations, a leading parenting and education consultancy. Her expertise in these areas spans 30 years.

Kathy is a leading author with Penguin Publishing and the Australian Council for Educational Research. Her texts for parents include *Ready, Set, Go, What's the Hurry?*, *Parenting* and her most recent book *Future Proofing Your Child*. Kathy's texts for educators include *Early Childhood Play Matters – Intentional teaching through play birth to 6 years*; *Play Matters – Investigative learning for preschool to Grade 2* and; *Engagement Matters – Personalised learning for Grades 3 to 6*. Kathy is one of the country's leading curriculum and teaching and learning experts in personalised learning. She is the designer of the Walker Learning Approach, a major personalised learning pedagogy (preschool to year 8) that is implemented in Australia and internationally.