

Shalom will be entering a team in the Friendlies Cane2Coral (FC2C) Fun Run/Walk on Sunday 7th August. You don't have to be super-fit to participate, just able to run, walk or wheelchair 4km, 8km, 15km and be keen to participate in this great community event which raises funds for charity. If you are 15 years or over, there is also a 21.1km half-marathon. For every team with 10 or more entrants, FC2C will donate 10% of your team's registration fees to your nominated charity or not-for-profit sports club, and we certainly hope to qualify to raise funds for a selected charity. There are also cash prizes for the Largest Team – Secondary School (on a pro rata basis) of \$300 for first, \$200 for second and \$100 for third. There would not be many people who don't know someone who has been affected by breast cancer, and for our nominated charity, we have chosen the McGrath Foundation.

The 21.1km Half Marathon will start at CQUniversity Bundaberg at 6.45am, with the 15km event starting at Riverside Parklands Quay Street at 7.30am, the 8km event at corner Pressler's/Bargara Roads, Kalkie near Kalkie School at 8.30am, and the 4km event at Bargara State School at 9.30am, with all events finishing at Nielson Park, Bargara. We will not be running/walking as a team, simply registering as a team and turning up at the starting point for the distance of your choice in your Shalom sports uniform and checking in with one of our team coordinators, then getting together with our whole team at the Shalom tent after the event for a refreshing drink and a snack. Other food and drinks will be able to be purchased from food vendors in the race precinct. There will be water stations and medical assistance available if needed, both located at regular intervals throughout the courses. Registration fees are as follows:

21.1km - Adults (15 years & over) \$60

15km - Adults (15 years & over) \$40; Child (under 15) \$25

8km - Adults (15 years & over) \$35; Child (under 15) \$20

4km - Adults (15 years & over) \$30; Child (under 15) \$15

Cane2Coral shirts are also available for purchase when registering at a cost of \$11.50 each

Students, staff, parents and supporters are welcome to join our team. Online registration is available and encouraged for all participants. Entrant information is required for the timing process and so all details required must be entered.

To register go to cane2coral.com.au

Then Entry tab, Teams, Register now (on left side of screen), Click Here to Register, Choose Adult (15 years & over) or Child (under 15), Choose your event: 4km, 8km, 15km, 21.1km

On last item in Personal Date, choose a team: "Shalom College", Password is Chaverim

You will have the option of Pay Now or Pay Later and you can register and either pay on-line or pay your registration fee to the Shalom Finance Office.

A <u>TEAM MEETING</u> for all interested students and staff will be held at **11.25am on Wednesday July 27 in Hogan 4** where we will run through the registration process and answer any queries.

Free shuttle buses will run from the finish at Nielson Park to the race start parking locations. These buses will begin running as soon as it is safe to be on the course. It is anticipated that this will be about 10:15.