SHALOM COLLEGE OUTDOOR & ENVIRONMENT CENTRE STUDENT EQUIPMENT LIST

Please note that the following list contains items necessary for a successful and <u>safe</u> camp. Please ensure your son or daughter brings the following:

OUTDOOR GEAR Raincoat - important Hat (with a broad brim or bucket hat is preferred and a spare hat is a good option. A beanie is not suitable for outdoor, daytime wear) 2 litre water bottle Sunscreen and insect repellent (non-aerosol) A small daypack

PERSONAL GEAR Personal medications 2 pairs of sturdy and comfortable sandshoes (one pair for wearing in canoes) 1 pair thongs or sandals Warm clothes for night activities Sufficient shorts and shirts (with sleeves and high necklines to protect the shoulders from sunburn) Sufficient socks and underwear 1 warm top or jumper

- SLEEPING GEAR Single bed size fitted sheet Pillow and pillow case Pyjamas A warm sleeping bag Small torch with spare batteries and bulb
- ACCESSORIES Personal toiletries Towel Camera (if it can be kept safe and dry)

Remember to have all items clearly named so anything left behind can be returned! Do not bring aerosol cans for such things as deodorants etc.

Students are involved in outdoor activities for the majority of each day at camp and are therefore exposed to sun, wind, cold or rain. Clothes should be functional and provide adequate protection from the elements. The outdoor education camps are not fashion parades; old clothes are more suitable. **DO NOT BRING**; midriff, halter or string style tops, tops with low or wide necklines, make up, necklaces or jewellery.

Climbing harnesses for high adventure activities will be worn so extremely short legged shorts or very baggy low riding shorts are not suitable. Clothing similar to the College sports uniform is adequate.

Bus storage for baggage is limited so please ensure unnecessary items are left at home. Baggage should be kept to a similar size as the college school bag plus pillow, sleeping bag and daypack. Please refrain from using large hard suitcase style baggage.

Mobile phones will be collected by the teacher taking the class; they will be returned when the students board the bus for home.

DO NOT BRING

iPads, MP3'S, Ipods, Handheld computer games, Food or drink, Lollies or gum, Comics or magazines, Cigarettes, Alcohol, Illicit drugs, Sheath or Pocket Knives.