

Support Mental Health Week by

Standing up to Stigma

Wear A Tie Day

10 October 2018

Gold coin donation and wear your best (or worst) tie to work or school for the day.

Share a MiLO Morning

9-11 October 2018

Come to Shalom College before school commences and share a cup of Milo with someone. Gold coin donation for each cup.

Conversation is key

Join Shalom College and IMPACT Community Services as we work towards a healthier community where stigma is no longer!



**IMPACT
COMMUNITY
SERVICES**