MEMBERSHIP OPTIONS

MINI WHEELER

Available from 2 years of age, this membership develops balance, gross motor skills and independence to begin riding a bike. Mini Wheeler members ride a Balance Bike (non-pedalling bike).

4 MONTH - SPROCKET ROCKET

For riders between the age of 2-7 years, who are able to pedal a bike. Put your "toe in the water" with a 4 Month Sprocket Rocket membership, a great way to start your BMX journey!

SPROCKET ROCKET (12 MONTH MEMBERSHIP)

For riders between the age of 2-7 years, who are able to pedal a bike. A Sprocket Rocket membership focuses on participation and develops riding and racing skills in an engaging and non-competitive environment.

4 MONTH - OPEN

8 years old and ready to begin riding at clubs across Australia? Get online, join BMXA and then get on your bike!

OPEN (12 MONTH MEMBERSHIP)

If you've fallen in love with BMX riding, this one's for you!

NOTE: You can renew 4 Month Licence as many times as you like!

For more information on BMX Australia membership categories, www.bmxaustralia.com.au.



BMX is a fast and fun action sport with jumps and turns on a track that can be 300m to 400m in length.

The sport encourages beginners to participate and learn the skills needed to get the most enjoyment out of their time on track! As riders become experienced in BMX they can launch down 5m or 8m start ramps, navigate jumps and fly around berms.

The sport is exciting; action packed and is great exercise for kids and adults alike!



New South Wales



www.bmxq.org.au



bmxau.omnisportsmanagement.com/tas/home.aspx E: bmxtasmania@hotmail.com



South Australia

www.hmxsa.com.au F. info@hmxsa.com.ai



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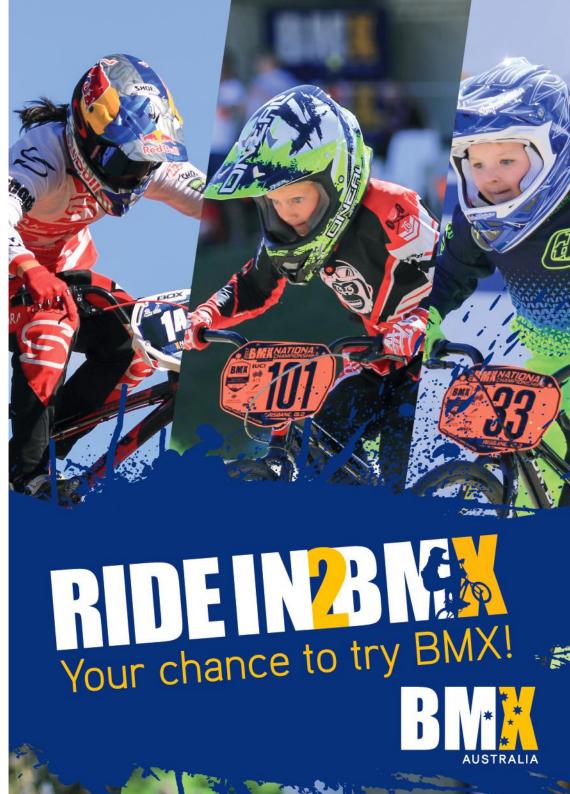
Australia Capital Territory

bmxau.omnisportsmanagement.com/act E: actbmxa@gmail.com.au





Northern Territory www.bmxnt.org.au E: secretary@bmxnt.org.aux



WHAT IS BMX?

BMX (Bicycle Moto Cross) is one of the fastest growing sports in Australia. It's a sport where the whole family can participate and riders of all ages (from 2 - 50+) can compete in organised race meetings throughout Australia.

BMX racing ranges from club level to state level and right through to national and world championships events for all ages. BMX is also an elite Olympic sport! Any rider (subject to qualification requirements) has the chance to ride at the Australian National Championships and compete in World Championships!



FAMILY INVOLVEMENT

BMX is a sport for the whole family, not just the kids mum and dad can get involved too!

Each can race and enjoy competition in their own age groups, with riders of similar skill levels.

BMX is a sport where great friendships can be made and the competition structure ensures everyone can be involved as a rider, official or even as a coach! (Subject to accreditation and screenings). If you're already riding, or looking to start, also take the time to consider volunteering for your club.



EQUIPMENT

All you need is either a 20inch or 24inch (Cruiser) BMX bike to get on track. Remove any mudguards, chain guards, the kick stand, pegs and reflectors for the safety of yourself and other riders. Ensure that there are no sharp edges on your handlebars (i.e. no torn grips with exposed metal or pedals, etc). The only other thing you need is a rear brake that works!

Before rolling onto the track your bike will be checked by an official and they will help with any minor adjustments.

WHAT TO WEAR?

- LONG PANTS or track pants that are fitted at the ankle are acceptable to race in.
- LONG SLEEVE TOP or Race Jersey that is fitted at the wrist.
- Any type of GLOVES that have complete hand and finger protection.
- A full face HELMET that covers the ears. Some Clubs have a spare that you can borrow.
- You must wear fully enclosed SHOES to protect your feet.

BMX MINI WHEELER

BMX Mini Wheelers are aged between

2 - 4 and focus on the basic skills needed to enjoy riding! Once mastered riders make the transition to a 20-inch BMX bike at around five-years of age.

Until then Mini Wheelers practice on a 'balance bike', which has no pedals and wheels no larger than 13-inches. Riders need a helmet (full face or regular bicycle helmet that meets Australian standards), long pants, long sleeved



shirts, enclosed shoes and full-fingered gloves. Some riders also elect to use knee and elbow pads for additional safety.

MEMBERSHIP BENEFITS

- You get access to BMX tracks across Australia! Each one has a different and exciting design, and members love trying out all the tracks they can.
- Sport Accident Insurance coverage BMX Australia have your back when it comes to safety.
- You can compete in events all across Australia and you can win titles, plates, prizes and finish the year with a top ranking at club, state, national or even international level.

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