



Year 7 Camp 2022 Revised Student Equipment List

Please note that the following list contains items necessary for a successful and safe camp.
Please ensure your son or daughter brings the following:

DAILY EQUIPMENT **Raincoat - important**

Hat, preferably a wide brim (beanies and peak caps are not suitable for outdoor, daytime wear)

2 litre water bottle (or equivalent, preferably not frozen prior to camp)

Sunscreen (and insect repellent if desired)

A small daypack

Personal medications for the day (to be handed to teacher taking the camp)

Closed in footwear (such as sandshoes)

Appropriate shirt (where possible, collar and sleeves are preferred.

Shirts should fully cover the midriff)

Appropriate legwear (if tight 'leggings' or exercise wear are worn, it is suggested that a pair of loose fitting, sturdy shorts or pants to be worn over the top for harness activities)

DAY 2 ONLY

Day 2 will involve Canoeing activities. In **addition** to the above list, please bring the following on Day 2 only:

Swimming togs & 'get wet' clothes (shirt and shorts)

A pair of closed in, sturdy footwear for use in water

Large plastic garbage bag (for wet clothes and shoes)

Towel